

# SWIM SWIFT

## MASTERS NEW HORIZON



### COURSE DATES:

23. OCT 2024

30. OCT 2024

06. NOV 2024

13. NOV 2024

20. NOV 2024

27. NOV 2024

04. DEZ 2024

11. DEZ 2024

18. DEZ 2024

**CHF 40**  
**PER LESSON**

### SCHWIMMBAD ALTWEG

LETZIGRABEN 210, 8047 ZÜRICH

- TAUGHT WITH ENGLISH & GERMAN SPEAKING INSTRUCTORS
- MAXIMUM 9 PARTICIPANTS PER GROUP

**WEDNESDAYS from 20:15 – 20:55**

## Course Information: SSA Altweg

To the course participants of Swim Swift,

I would like to draw your attention to the following regulations regarding the school swimming facility Altweg:

- Entering the changing rooms is possible at the earliest 10 minutes before the start of the course.
- For hygienic reasons, please remove your shoes as soon as possible. The wet areas (swimming hall, WC, shower room) may only be entered barefoot.
- **No eating** is allowed in the facility.
- **All non-participants are not allowed in the water.**
- Necessary medical information (e.g. epilepsy, cardiovascular disorder, diabetes) must be filled in the customer form. It is important to be able to react smoothly in emergency situations.
- **Filming or photographing is not allowed without consent.**
- You must be over the **age of 18** to take part in the adult course.

I ask all participants to follow these guidelines at all times.

I look forward to *swift* swimming!

With warmest regards  
Alexa Strommer

### Contact:

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